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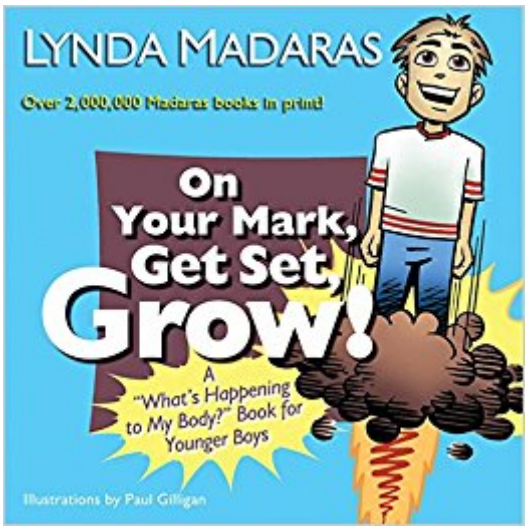
On Your Mark, Get Set, Grow!: A "What's Happening To My Body?" Book For Younger Boys



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Synopsis

Hi. My name is Lynda Madaras. I write books about growing up. I get tons of letters from boys. They tell me just what theyâ ™re thinking. They ask questions. Many of the things they say are here in this book. Many of their questions are here, too, along with my answers. So boys like you helped to write this book.In her uniquely warm and funny style, Lynda Madaras wrote this entirely new book especially for younger boys to give them everything they need to know about the new and exciting changes that are happening to their bodies during puberty.Illustrated with fresh and funny cartoons, On Your Mark, Get Set, Grow! is the seventh book in the popular â œWhatâ ™s Happening to My Body?â • series of growing-up books for boys and girls. Praised by parents, teachers, nurses, doctors, and especially kids, the bestselling â œWhatâ ™s Happening to My Body?â • books for older boys and girls are on the â œBest Books for Young Adultsâ • list from the American Library Association and have been translated into 12 languages. Over 2 million copies of the â œWhatâ ™s Happening to My Body?â • series are in print.

Book Information

Series: What's Happening to My Body?

Paperback: 128 pages

Publisher: William Morrow Paperbacks; 1 edition (February 13, 2008)

Language: English

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Product Dimensions: 7 x 0.3 x 7 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 33 customer reviews

Best Sellers Rank: #110,255 in Books (See Top 100 in Books) #12 inÂ Books > Health, Fitness & Dieting > Men's Health > Sexual Health & Impotence #30 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #104 inÂ Books > Parenting & Relationships > Parenting > Parenting Boys

Age Range: 8 - 10 years

Grade Level: 3 - 4

Customer Reviews

Grade 4â "6â "In this obvious but much-needed companion to her Ready, Set, Grow! (Newmarket, 2003) guide for girls, Madaras draws on her experience teaching sex education (called puberty

classes here) to inform boys about the physical changes they will experience as they start to mature. Formatted to include quotes and frequently asked questions from the male students in her classes, the age-appropriate presentation includes cartoon art on almost every page and a sprinkling of humor. Along with covering sex-organ growth, height, weight, and muscle gain, Madaras also discusses health and nutrition, hygiene, and "becoming your own self." A reassuring tone pervades the text with the buzzwords "normal" and "perfectly normal" frequently appearing. Apart from a few odd artwork choices (a frog is a recurring character), this is an excellent resource for both children and parents.â ”Joanna K. Fabicon, Los Angeles Public Library Copyright Â© Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"Lynda Madaras’ books superbly pinpoint the changes of puberty while providing sensitive reassurance about what’s normal." â ”School Library Journal"Young people can’t help but like the booksâ |visually very appealing for readers this age." â ”The San Diego Union-Tribune"[Madaras’] easygoing, straightforward style appeals to young people who trust [her] to answer their most intimate and sometimes embarrassing questions." â ”L.A. Parent

Great book for my teen and preteen.

I bought this for my 10 year old son but as a mother who had only sisters I read it, too. This book was very readable, good pictures with just the right amount of information for a pre-teen. My son read the whole book in one sitting. The timing was right for him. He then asked a few questions and it provoked some thoughtful discussion. I would highly recommend this book.

Very helpful!

Very age appropriate for my pre-teen!

I wanted to find a book that my kids could read and have as a reference when they are experiencing different parts of puberty. Its very comical with the pictures too.

Great item!! Super fast shipping!!

This book makes the conversation so much easier!

Perfect for 10 year old.

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